

1.) CORPORATION NAME:

Proven Methods & Solutions, Inc.

DUE DATE: **5/27/2010**

SCC ID NO: **07097140**

2.) VA REGISTERED AGENT NAME AND OFFICE ADDRESS:

**DIRECTOR
GLORIA G DANKWA
9517 B MOUNTWOOD DRIVE
PRINCE WILLIAM, VA 20110**

5.) STOCK INFORMATION

CLASS	AUTHORIZED
COMMON	20,000

3.) CITY OR COUNTY OF VA REGISTERED OFFICE:

PRINCE WILLIAM COUNTY

4.) STATE OR COUNTRY OF INCORPORATION:

VA

6.) PRINCIPAL OFFICE ADDRESS:

ADDRESS: 9517-B MOUNTWOOD DRIVE

CITY/ST/ZIP: MANASSAS, VA 20110-

7.) DIRECTORS AND PRINCIPAL OFFICERS: All directors and principal officers must be listed. An individual may be designated as both a director and an officer.

NAME: CHUKS D ELEONU
TITLE: DIRECTOR
ADDRESS: 14001C SAINT GERMAN DR STE 423
CITY/ST/ZIP/CO: CENTREVILLE, VA 20121-

OFFICER

DIRECTOR

NAME: GLORIA G DANKWA
TITLE: PRESIDENT
ADDRESS: 14001C SAINT GERMAN DR STE 423
CITY/ST/ZIP/CO: CENTREVILLE, VA 20121-

OFFICER

DIRECTOR

I AFFIRM THAT THE INFORMATION CONTAINED IN THIS ELECTRONIC REPORT IS ACCURATE AND COMPLETE AS OF THE DATE BELOW AND THAT I AM LEGALLY AUTHORIZED TO SIGN THIS REPORT.

/s/ GLORIA G DANKWA

GLORIA G DANKWA, PRESIDENT

10/1/2010

SIGNATURE OF DIRECTOR/OFFICER
LISTED IN THIS REPORT

PRINTED NAME AND CORPORATE
TITLE

DATE

It is a Class 1 misdemeanor for any person to sign a document, which includes this electronic record, that is false in any material respect with the intent that the document be delivered to the Commission for filing.