

1.) CORPORATION NAME:

**INSTITUTION FOOD HOUSE, INC.**

DUE DATE: **2/28/2013**

2.) VA REGISTERED AGENT NAME AND OFFICE ADDRESS:

**NATHAN M LORD  
12500 WEST CREEK PARKWAY  
RICHMOND, VA 23238**

SCC ID NO: **F1066986**

5.) STOCK INFORMATION

| CLASS  | AUTHORIZED |
|--------|------------|
| COMMON | 10,000     |

3.) CITY OR COUNTY OF VA REGISTERED OFFICE:

**GOOCHLAND COUNTY**

4.) STATE OR COUNTRY OF INCORPORATION:

**NC**

6.) PRINCIPAL OFFICE ADDRESS:

ADDRESS: 543 12TH STREET DRIVE NW

CITY/ST/ZIP: HICKORY, NC 28601

7.) DIRECTORS AND PRINCIPAL OFFICERS: All directors and principal officers must be listed. An individual may be designated as both a director and an officer.

|                 |   |                                   |
|-----------------|---|-----------------------------------|
|                 | <input checked="" type="checkbox"/> OFFICER | <input type="checkbox"/> DIRECTOR |
| NAME:           | EMELY GIBBS                                 |                                   |
| TITLE:          | VP-FINANCE                                  |                                   |
| ADDRESS:        | PO DRAWER 2947                              |                                   |
| CITY/ST/ZIP/CO: | HICKORY, NC 28603                           |                                   |

|                 |   |  |
|-----------------|---|--|
|                 | <input checked="" type="checkbox"/> OFFICER | <input checked="" type="checkbox"/> DIRECTOR |
| NAME:           | WILLIAM M PEARCE                            |  |
| TITLE:          | CHAIRMAN                                    |  |
| ADDRESS:        | 12500 WEST CREEK PARKWYA                    |  |
| CITY/ST/ZIP/CO: | RICHMOND, VA 23238                          |  |

|                 |   |  |
|-----------------|---|--|
|                 | <input checked="" type="checkbox"/> OFFICER | <input checked="" type="checkbox"/> DIRECTOR |
| NAME:           | ROBERT D EVANS                              |  |
| TITLE:          | CFO   |  |
| ADDRESS:        | 12500 WEST CREEK PARKWAY                    |  |
| CITY/ST/ZIP/CO: | RICHMOND, VA 23238                          |  |

|                 |   |  |
|-----------------|---|--|
|                 | <input checked="" type="checkbox"/> OFFICER | <input checked="" type="checkbox"/> DIRECTOR |
| NAME:           | MICHAEL L MILLER                            |  |
| TITLE:          | SECRETARY                                   |  |
| ADDRESS:        | 12500 WEST CREEK PARKWAY                    |  |
| CITY/ST/ZIP/CO: | RICHMOND, VA 23238                          |  |

|                 |   |                                   |
|-----------------|---|-----------------------------------|
|                 | <input checked="" type="checkbox"/> OFFICER | <input type="checkbox"/> DIRECTOR |
| NAME:           | ERIC SHOEMAKER                              |                                   |
| TITLE:          | PRESIDENT                                   |                                   |
| ADDRESS:        | 12500 WEST CREEK PARKWAY                    |                                   |
| CITY/ST/ZIP/CO: | RICHMOND, VA 23238                          |                                   |

|                 |   |                                   |
|-----------------|---|-----------------------------------|
|                 | <input checked="" type="checkbox"/> OFFICER | <input type="checkbox"/> DIRECTOR |
| NAME:           | JEFFERY W FENDER                            |                                   |
| TITLE:          | TREASURER                                   |                                   |
| ADDRESS:        | 12500 WEST CREEK PARKWAY                    |                                   |
| CITY/ST/ZIP/CO: | RICHMOND, VA 23238                          |                                   |

|                 |                          |   |                                   |
|-----------------|--------------------------|---|-----------------------------------|
| NAME:           | KENT R BERKE             | <input checked="" type="checkbox"/> OFFICER | <input type="checkbox"/> DIRECTOR |
| TITLE:          | VICE PRESIDENT           |   |                                   |
| ADDRESS:        | 12500 WEST CREEK PARKWAY |   |                                   |
| CITY/ST/ZIP/CO: | RICHMOND, VA 23238       |   |                                   |

I AFFIRM THAT THE INFORMATION CONTAINED IN THIS ELECTRONIC REPORT IS ACCURATE AND COMPLETE AS OF THE DATE BELOW AND THAT I AM LEGALLY AUTHORIZED TO SIGN THIS REPORT.

|   |                                  |           |
|---|----------------------------------|-----------|
| /s/ MICHAEL LMILLER                                 | MICHAEL LMILLER,                 | 2/18/2013 |
| SIGNATURE OF DIRECTOR/OFFICER LISTED IN THIS REPORT | PRINTED NAME AND CORPORATE TITLE | DATE      |

It is a Class 1 misdemeanor for any person to sign a document, which includes this electronic record, that is false in any material respect with the intent that the document be delivered to the Commission for filing.